

• ADULT PROGRAMS •

SATURDAY CLASSES ARE HIGHLIGHTED

CLASSES & WORKSHOPS

★ NEW! NEW! NEW! ★

SHARP - Sexual Harassment and Rape Prevention FREE

1 Class Jan 19 2012
Ages: 18yrs and over
Basic Self Defense for Women of all ages. The class is free, but **pre-registration is required**. Wear comfortable clothing and tennis shoes. This 2-hour course will provide an introduction to basic self defense for women. Topics will include:

- Prevention Psychology
- Survival Awareness
- Developing a Prevention Mindset
- Survival Stress and
- Simplistic Tactics for Escape.

Class will be taught by **Officer Joelle Dixon** of the Bethel Park Police Department.
3970.401 07:00pm-09:00pm Th
Community Center

★ NEW! NEW! NEW! ★

South Arts Home/Room Decorating Fee: \$35.00

Non-res add: \$5.00
2 Classes Jan 21 2012 & Jan 28 2012
Ages: 16yrs and over
This relaxing workshop will give students creative ideas for their homes! Decorating with homemade items, color schemes, and fun ideas that could capture the student's personal style.
3905.413 10:30am-12:00pm Sa
Community Center



Basic Dog Obedience Fee: \$80.00

Non-res add: \$5.00
6 Week Session Jan 07 2012 - Feb 11 2012
Ages: 12yrs and over
Teaching your dog basic commands can be building blocks to a rewarding relationship with your pet. Our professional instructors will teach you how to teach your dog the basic commands of sit, down, stay, come when called, controlled walking exercises and much more! The dog must be at least **6 months old**. Please bring vaccination records, six foot leash, and soft small treats to the first class. An adult must accompany handlers under age 18. Registration must be received at least one week before the first class. Classes are held at *Xcel Canine Training, Inc.*, 5400 Progress Boulevard, at the corner of Progress and Transit Boulevards in the BP Industrial Park. 412-833-2504, www.xcelcaninetraining.com.
3309.401 10:00am-11:00am Sa
Xcel Canine Training, Inc.

Puppy Obedience

Fee: \$80.00 Non-res add: \$5.00
6 Week Session Jan 07 2012 - Feb 11 2012
Ages: 12yrs and over
This class is taught at a slower pace than our Basic Obedience class, but still will give your puppy the stepping stones they need to learn at a young age. The puppies will also be in an environment with others their own age! They will learn the beginning of sit, down, stand, walking by your side and introducing them to new fun obstacles. An adult must accompany handlers under age 18. Your dog must be **3 to 6 months old** and should have its' 2nd set of shots before starting. Please bring vaccination records, six foot leash, and soft small treats to the first class. Registration must be received at least one week before the first class. Classes are held at *Xcel Canine Training, Inc.*, 5400 Progress Boulevard, 412-833-2504, www.xcelcaninetraining.com.
3309.404 09:00am-10:00am Sa
Xcel Canine Training, Inc.

DANCE

Beginner Ballroom Dance Couple Fee: \$80.00 Single Fee: \$45.00

Non-res add: \$10.00
Non-res add: \$5.00
4 Week Session Feb 12 2012 - Mar 04 2012
Ages: 18yrs and over
This course will introduce you to Ballroom Dance, including the Foxtrot, Swing, Waltz and Cha Cha. Wear shoes that are comfortable, leather shoes are best. Classes will be held at Dryden Dance Studio, 1948 Painters Run Road. Class size is limited. Single rate is not available with online registration.
3205.401 07:00pm-08:30pm Su
Dryden Studio

Belly Dancing Fee: \$56.00

Non-res add: \$5.00
Twice a week: \$88.00
Material fee: \$25.00
8 Week Session Jan 08 2012 - Mar 04 2012
Ages: 16yrs and over
No dance experience is necessary! Students will learn the basic dance steps from 9 different styles as well as the history behind each step. Students will also learn a full performance dance and other fun things. This high energy, low impact form of exercise tones the body from head to toe, helps posture and circulation. Join us, have fun and get in shape at the same time. Dress in loose athletic pants or a long skirt with leggings & comfortable shirt and wear ballet style slippers or jazz dance shoes. *Material fee of \$25 covers cost of a mandatory hip scarf, payable to the instructor the first night of class. Twice a week discount rate may be used with other Renea Bishop classes. Twice a week rate is not available with online registration. It is recommended that you take the Core Strengthening and Toning class with Belly Dancing.
NO CLASS ON FEBRUARY 19.
Instructor: Renea Bishop
3935.401 07:30pm-08:30pm Su
Community Center

Intermediate Square Dance Lessons Fee: \$4.00 per person per week

Jan 03 2012 - May 22 2012
All ages
Intermediate Western Style Class. Pre-requisite: Beginning square dance class that is offered in Fall only. Casual attire for class. Call Vera at 724-941-5436 or Susan at 412-531-0548 for registration and information. Registration deadline is January 2, minimum number of participants is required. FEE: \$4.00 per person, per week.
NO DANCE ON APRIL 3.
3233.410 07:00pm-09:00pm Tu
Washington Elementary Cafeteria

Friendly Squares

All Ages
Square Dancing is Plus level with Cued Round Dancing every other tip.
Call Vera at 724-941-5436 or Susan at 412-531-0548 for the dance schedule and additional information.

FITNESS & EXERCISE

★ NEW! NEW! NEW! ★

Flexibility for Men

Fee: \$40.00 Non-res add: \$5.00
7 Week Session Jan 10 2012 - Feb 21 2012
Ages: 18yrs and over
Stretching can complement your current walking routine or is a good place to start if you have not exercised in a while. Tight muscles compress joints and limit flexibility while chronic joint compression contributes to the development and progression of osteoarthritis. Class will focus on teaching proper stretching techniques for all the major muscle groups with the goal of relieving everyday aches and pains. Modifications and challenges will be offered. Classes will be held at *Locke's Personal Fitness*, 88 Fort Couch Rd, (across from DeLallo's) 3203.423 10:00am-11:00am Tu
Locke's Personal Fitness

★ NEW! NEW! NEW! ★

Strong, Stretched and Centered

Fee: \$40.00 Non-res add: \$5.00
7 Week Session Jan 10 2012 - Feb 21 2012
Ages: Adults
This class is designed for folks over 50. We'll strengthen and stretch muscles to help increase muscle strength, bone density, flexibility and balance. Make your muscles and bones stronger through strength training using body resistance, weights, bands, kettlebells and medicine balls. Reduce pains and strains associates with loss of flexibility with gentle stretches using straps, bands, towels and Yoga blocks. We'll include exercise for balance to round out a perfect workout! Classes will be held at *Locke's Personal Fitness*, 88 Fort Couch Rd, (across from DeLallo's) 3203.424 11:00am-12:00pm Tu
Locke's Personal Fitness

20/20/20

Fee: \$45.00 Non-res add: \$5.00
Twice a week: \$70.00
8 Week Session Jan 06 2012 - Feb 27 2012
Ages: 18yrs and over
Anchor your week on week on Mondays and Fridays by starting the day with this upbeat class! You will workout for 20 minutes of cardio step training, 20 minutes of cardio (non-contact) kickboxing, and 20 minutes of strength training, weight use encouraged. You will burn calories, strengthen muscles and have a great work out that varies each class. Private body fat testing offered at intervals throughout each session. Please bring a mat/towel and light weights. Twice a week discounted rate may be used with other Peg Pardini classes. Twice a week rate is not available with online registration.
Instructor: Peg Pardini, ACE certified personal trainer
3901.401 09:30am-10:30am M
3901.402 09:30am-10:30am F
Community Center

SATURDAY CLASSES ARE HIGHLIGHTED

Bodysculpting
Fee: \$45.00 Non-res add: \$5.00
Twice a week: \$70.00
 8 Week Session Jan 05 2012 - Feb 27 2012
 Ages: 18yrs and over
 Don't like what you see in your mirror lately? Your entire body will benefit from this focused approach to muscle strengthening and toning. Emphasis is placed on correct form to maximize your workout. This class works for those who are new to small weight lifting and those who have experience. Please bring a mat or towel and light hand weights, balance ball recommended but not required. Twice a week discounted rate may be used with other Peg Pardini classes. Twice a week rate is not available with online registration.
 Instructor: Peg Pardini, ACE certified personal trainer
 3920.401 07:00pm-08:00pm M
 3920.411 07:00pm-08:00pm Th
 Community Center

Boot Camp
Fee: \$45.00 Non-res add: \$5.00
Twice a week: \$70.00
 8 Week Session Jan 05 2012 - Feb 27 2012
 Ages: 18yrs and over
 Don't sit on the sidelines any longer. You have made the decision to improve your well-being and this is your chance! A challenging boot camp fitness class designed for women and men of all ages -beginners to advanced. Cardio, strength training, agility, balance and core work are at the heart of this vigorous, hour long workout. Sweating is not optional! Please bring light weights and a mat. Twice a week discounted rate may be used with other Peg Pardini classes. Twice a week rate is not available with online registration.
 Instructor: Peg Pardini, ACE certified personal trainer
 3910.401 08:00pm-09:00pm M
 3910.403 06:00pm-07:00pm Th
 3910.405 09:30am-10:30am Sa
 Community Center

Cardio-kickboxing
Fee: \$45.00 Non-res add: \$5.00
 8 Week Session Jan 03 2012 - Feb 21 2012
 Ages: 18yrs and over
 This low impact, high intensity exercise is great for beginners and advanced students. Class includes warm-up, 30 minutes of cardio-kick and floor work, followed by cool down. Please bring a mat or towel and light weights.
 Instructor: Lauren Bilohlavak
 3925.401 07:15pm-08:15pm Tu
 Community Center

Beginner Core Strengthening and Toning
Fee: \$56.00 Non-res add: \$5.00
Twice a week: \$88.00
 8 Week Session Jan 08 2012 - Mar 07 2012
 Ages: 16yrs and over
 This class is designed to reshape and define your body. Students will be able to work with instructor to customize their workout to low or high impact, depending on each student's needs. It will help you turn flab into muscle and to regain balance and poise. Take the Core Strengthening and Toning class twice a week or add it to any other Renea Bishop class to make a great combination and get the twice a week discount. Twice a week rate is not available with online registration. Please bring a floor mat and hand weights (optional) to class.
NO CLASS ON SUNDAY, FEBRUARY 19 & WEDNESDAY, FEBRUARY 22.
 Instructor: Renea Bishop
 3935.405 05:30pm-06:30pm Su
 3935.407 07:30pm-08:30pm W
 Community Center

Core Strengthening and Toning
Fee: \$56.00 Non-res add: \$5.00
Twice a week: \$88.00
 8 Week Session Jan 08 2012 - Mar 07 2012
 Ages: 16yrs and over
 This class is designed to reshape and define your body. Students will be able to work with instructor to customize their workout to low or high impact, depending on each student's needs. It will help you turn flab into muscle and to regain balance and poise. Take the Core Strengthening and Toning class twice a week or add it to any other Renea Bishop class to make a great combination and get the twice a week discount. Twice a week rate is not available with online registration. Please bring a floor mat and hand weights (optional) to class.
NO CLASS ON SUNDAY, FEBRUARY 19 & WEDNESDAY, FEBRUARY 22.
 Instructor: Renea Bishop
 3935.403 06:30pm-07:30pm Su
 3935.404 06:30pm-07:30pm W
 Community Center



Quick Circuits
Fee: \$40.00 Non-res add: \$5.00
Twice a week: \$65.00
 7 Week Session Jan 09 2012 - Feb 25 2012
 Ages: 18yrs and over
 A fast moving and fun class where students move through an 8 station circuit, changing stations every 45-60 seconds on the instructor's cue. Stations will include strength training, cardio, balance and agility using a variety of equipment such as Bosu balls, bands, slalom poles, etc. If you get to a station beyond your fitness level, instructor will modify to an appropriate exercise for you. Get fit with fun music and creative exercises! Classes will be held at *Locke's Personal Fitness*, 88 Fort Couch Rd, (across from DeLallo's)
 3203.421 06:00pm-07:00pm M
 3203.425 06:30pm-07:30pm W
 3203.426 08:30am-09:30am Sa
 Locke's Personal Fitness

Beginner T'ai-Chi
Fee: \$42.00 Non-res add: \$5.00
 7 Week Session Jan 10 2012 - Feb 21 2012
 Ages: 16yrs and over
 T'ai-Chi Ch'uan is an ancient form of Chinese exercise unlike any western exercise. T'ai-Chi unifies your mind and your body while using ancient principals in a series of movements, this is why it is so healing to many people. T'ai-Chi slows your mind, this will give you patience. It also helps with balance, coordination & concentration. T'ai-Chi will strengthen your bones, and make your legs very strong. T'ai-Chi is suitable for anyone looking to improve your overall health. No prior experience required. Wear loose fitting clothes.
 Instructor: Tamara Stark
 3932.401 12:45pm-01:30pm Tu
 3932.402 07:00pm-07:45pm Tu
 Community Center

Intermediate T'ai-Chi
Fee: \$42.00 Non-res add: \$5.00
 7 Week Session Jan 10 2012 - Feb 21 2012
 Ages: 16yrs and over
 This class is designed for students who have previous experience in a T'ai Chi class and want to further their knowledge and experience.
***Instructor recommendation is required to enroll in this course.**
 3932.403 11:45am-12:30pm Tu
 Community Center

Weight Loss Challenge
Fee: \$56.00 Non-res add: \$5.00
Twice a week: \$88.00
 8 Week Session Jan 08 2012 - Mar 04 2012
 Ages: 16yrs and over
 There is more to weight loss than just eating. Each student will work with the instructor to develop a personalized plan that will work to achieve his or her individual goals. This is not a cookie cutter or one-size-fits-all diet plan, but a self-designed plan that includes exercise, education, nutrition information, and support. Each week students will learn a fun new way to exercise. Workouts are safe for all fitness levels and will include different styles of walking, stretching, toning and strength exercises. By the end of this class, students will have the knowledge to achieve their personal goal. Twice a week discount rate may be used with other Renea Bishop classes. Twice a week rate is not available with online registration.
NO CLASS ON FEBRUARY 19.
 Instructor: Renea Bishop
 3935.408 04:30pm-05:30pm Su
 Community Center

Therapeutic Recreation Beginner Yoga
Fee: \$50.00 Non-res add: \$5.00
 6 Week Session Jan 28 2012 - Mar 03 2012
 Ages: 18yrs and older with special needs
 No yoga experience is necessary. This is a class for all skill levels. Come and join us, wear comfortable clothes and bring a quiet mind. Basic yoga poses will be taught. This program will teach those in wheelchairs and their caregivers to learn how to free themselves from stress. Equipment will be provided. Class is sponsored by *PA Connecting Communities* who serves individuals with various types of disabilities. Please call Peggy at PACC for more details at 412-621-6151.
 3955.401 11:45am-01:00pm Sa
 Community Center

Beginner Yoga
Fee: \$55.00 Non-res add: \$5.00
 8 Week Session Jan 05 2012 - Feb 23 2012
 Ages: 18yrs and over
 Yoga is proven to increase your strength, flexibility and endurance. We concentrate on Yoga breathing, easy postures, and relaxation. Proper alignment and movement techniques will be taught for standing and seated poses. Muscle strength, endurance, flexibility, increased confidence and relaxation are some of the benefits you can expect to gain from this class. Please bring a yoga mat and yoga block.
 Instructor: Lynn Duda, E-RYT
 3990.401 09:30am-10:30am Th
 Community Center

Basic Yoga
Fee: \$55.00 Non-res add: \$5.00
Twice a week: \$80.00
 8 Week Session Jan 05 2012 - Feb 27 2012
 Ages: 18yrs and over
 Join us and explore the path of yoga and discover its many benefits. This is an accessible approach to yoga which builds strength in a gentle manner. Stretch your body, relax your mind and see how yoga provides both energy and a sense of wellbeing. Many feel yoga helps them feel better, reclaim energy and enjoy a more joyful, stress-free life. Please bring a yoga mat. Twice a week discount rate may be used with other Lynn Duda classes that are held in the same location. Discount rate is not available with online registration.
 Instructor: Lynn Duda, E-RYT
 3203.401 09:30am-10:30am M
 3203.402 07:15pm-08:15pm M
 3203.403 07:15pm-08:15pm Th
 John McMillan Church

Look for the next issue of the *Bethel Park Chronicles* mailed the week of Feb. 20, 2012!

SATURDAY CLASSES ARE HIGHLIGHTED

Yoga Flow
Fee: \$55.00 Non-res add: \$5.00
Twice a week: \$80.00
 8 Week Session Jan 05 2012 - Feb 28 2012
 Ages: 18yrs and over
 Yoga Flow, is a more vigorous style of Yoga that is suitable for many levels of students. It includes body and breath awareness, breathing exercises, Sun Salutations, Yoga postures in a flowing sequence, and seated poses. Increases in balance, muscle strength, endurance, coordination, flexibility and relaxation are some benefits you may experience. Please bring a yoga mat. The twice a week discounted rate may be used with other Lynn Duda classes that are held in the same location. Discount rate is not available with online registration.
 Instructor: Lynn Duda, E-RYT
 3203.450 05:45pm-07:00pm M
 3203.451 09:30am-10:30am Tu
 3203.452 05:45pm-07:00pm Th
 3203.453 09:30am-10:30am F
 John McMillan Church

ZUMBA Fitness
Fee: \$45.00 Non-res add: \$5.00
Twice a week: \$70.00
 8 Week Session Jan 05 2012 - Feb 27 2012
 Ages: 18yrs and over
 Come dance your way to a better you! Zumba Fitness uses aerobic/fitness interval training performed to a pulsing, dynamic Latin music. While the "dance steps" will become very familiar to you as you progress each class, this is definitely not a dance lesson. The most important aspect that you will learn is to KEEP MOVING to receive a high calorie, fat burning hour while having fun! (It is ok to sing along!) Please bring a mat or towel. Twice a week discounted rate may be used with other Peg Pardini classes. Twice a week rate is not available with online registration.
 Instructor: Peg Pardini, ACE certified personal trainer
 3930.401 06:00pm-07:00pm M
 3930.403 08:00pm-09:00pm Th
 3930.404 10:30am-11:30am Sa
 Community Center

ZUMBA GOLD
Fee: \$45.00 Non-res add: \$5.00
Twice a week: \$70.00
 8 Week Session Jan 03 2012 - Feb 23 2012
 Ages: 18yrs and over
 Are you still pounding away on the elliptical or treadmill? Well stop! It's time to join the Zumba Gold party and have some fun. Zumba Gold is fun, exhilarating and you can't wait to do it again. So do your body a favor, get moving and join the Zumba fun, no experience necessary. Twice a week rate is not available with online registration.
 Instructor: Kathy Raeder
 3930.405 09:30am-10:30am Tu
 3930.406 07:00pm-08:00pm Tu
 3930.407 09:30am-10:30am W
 3930.408 09:30am-10:30am Th
 3930.409 06:00pm-07:00pm Th
 Community Center

Don't forget to reserve a room at the Community Center soon for your upcoming graduation party.



We have rooms to accommodate small or large groups. Call 412-851-2910.

SPORTS

Basketball
Fee: \$45.00 Non-res add: \$5.00
Twice a week: \$80.00
 12 Week Session Jan 03 2012 - Mar 22 2012
 Ages: 18yrs and over
 Everyone must register and prepay to participate. Pay the discount rate to play on Tuesday AND Thursday evenings. Discount rate is not available with online registration.
 3207.410 09:00pm-10:30pm Tu
 3207.420 09:00pm-10:30pm Th
 Comm. Ctr. Gym

Couch Potato Basketball
Fee: \$45.00 Non-res add: \$5.00
 12 Week Session Jan 02 2012 - Mar 26 2012
 Ages: 35yrs and over
 Get off the couch and join us! Enjoy an evening of basketball and make new friends! Everyone must register and prepay to participate.
NO BASKETBALL ON FEBRUARY 20.
 3207.430 09:00pm-10:00pm M
 Ben Franklin Gym

Instructional Fencing
Fee: \$90.00 Non-res add: \$5.00
 7 Week Session Jan 09 2012 - Feb 20 2012
 Ages: 8yrs and over
 Come and experience the fun and challenging Olympic sport of foil fencing. This is an introduction to the basic skills of fencing and is a prerequisite to *Intermediate/Advanced Fencing*. The ultimate goal of this class is to acquire the fundamentals necessary to compete in bouts with your classmates.
 Note: All essential equipment will be provided by the instructors, but students will be required to wear comfortable pants, non-marking athletic shoes, and a glove (official fencing gloves are not required but are available at class for \$10). Shorts or jeans will not be permitted.
 3140.401 07:00pm-08:30pm M
 Comm. Ctr. Gym

Intermediate/ Advanced* Foil Fencing
Fee: \$90.00 Non-res add: \$5.00
 7 Week Session Jan 09 2012 - Feb 20 2012
 Ages: 8yrs and over
 Take your fencing to a new level! You will have an opportunity to build upon the fundamentals learned in our introductory class and acquire more advanced skills, techniques and strategies. ***Successful completion of Instructional Fencing or a coach's approval is a PREREQUISITE for this class.**
 Note: All essential equipment will be provided by the instructors, but students will be required to wear comfortable pants, non-marking athletic shoes, and a glove (official fencing gloves are not required but are available at class for \$10). Shorts or jeans will not be permitted.
 3140.402 07:00pm-08:30pm M
 Comm. Ctr. Gym

Tennis
 Dec 05 2011 - Feb. 12 2012 (Can be pro-rated)
 Next session will be February 13 - April 15, 2012
 Ages: 18yrs and over
 Clinics are offered for ALL skill levels. Registration forms are now online at www.bethelpark.net. The link is under Departments on the Recreation page. Call 412-831-2630 for more information.
 3237.301
 USC Tennis Center

Golf @ Cool Springs
Fee: \$89.00 Non-res add: \$10.00
 5 Week Session Jan 07 2012 - Feb 04 2012
 Ages: 18yrs and over
 Classes will be taught by a *Cool Springs Golf and Family Recreation Center* professional. Student to teacher ratio is 6:1. Extra charge for range golf balls. See below.
 3219.420 01:00pm-02:00pm Sa
 Cool Springs Golf

Driving Range Golf Card
Fee: \$30.00
 All ages
 A \$40 Cool Springs Bonus Ball Card may be purchased for \$30 through the Recreation Office. Pay for the card at the Recreation Office, then take the receipt to the Pro Shop at *Cool Springs Golf and Family Recreation Center* to obtain the card. Cards are good through the 2012 season. This offer is ONLY available at the Recreation Office.
 3313.401
 Cool Springs Golf

Co-ed Adult Volleyball
Fee: \$15.00 Non-res add: \$5.00
 6 Week Session Jan 08 2012 - Feb 12 2012
 Ages: 18yrs and over
 Looking for some fun, "backyard" style volleyball play? This is an informal program for co-ed volleyball play. **Not** designed as an instructional class, but an opportunity to have fun, socialize and meet new people.
 3239.430 07:00pm-09:00pm Su
 Comm. Ctr. Gym



Not for beginners!
Ladies Volleyball
Fee: \$20.00 Non-res add: \$5.00
 8 Week Session
 Session 1: Jan 16 2012 - Mar 05 2012
 Session 2: Mar 19 2012 - May 14 2012
 Ages: 18yrs and over
You MUST be registered and paid BEFORE you can play. Ladies play on Monday nights at the Community Center. **ADVANCED COMPETITIVE PLAY!** Not for BEGINNERS! Not INSTRUCTIONAL! Players are expected to know and play by modified PIAA rules. You should be proficient in the areas of setting, passing, serving, proper bump and spike techniques. Past experience in competitive volleyball is necessary for this class.
NO VOLLEYBALL ON APRIL 2.
 3239.410 Session 1 08:30pm-10:30pm M
 3239.100 Session 2 08:30pm-10:30pm M
 Comm. Ctr. Gym

Men ONLY! Volleyball
Fee: \$50.00 Non-res add: \$5.00
 20 Week Session Jan 08 2012 - May 30 2012
 Ages: 18yrs and over
 Men play on Sunday nights at IMS Gymnasium. This league is not for beginners - previous competitive experience strongly recommended. Play is governed by *USA Volleyball Rules and Regulations*. Everyone must register and prepay to participate. Play will switch to Wednesday evenings sometime in April.
NO VOLLEYBALL ON APRIL 8.
 3239.420 08:00pm-10:00pm Su
 IMS Gym

Gold Card Club

Fee: \$5.00

Jan 05 2012 - Dec 27 2012

Ages: 60yrs and over

The Gold Card Club, a social and fellowship organization for seniors, was organized by the *Department of Recreation and Leisure Services* for the benefit of Bethel Park residents who are 60 years of age and over, or a resident on disability retirement and not less than 50 years of age. A spouse not less than 55 years of age may join with his/her spouse if he/she meets the 60-year age minimum. The title GOLD CARD CLUB came from the color of the membership card, not for playing cards.

Dues run from January 1 through December 31. Annual membership dues are \$5.00 per person per calendar year, January 1 through December 31. Annual dues shall be paid beginning at the January general meeting. Current members whose dues are not paid by March 31 of the calendar year shall be dropped from active membership. Renewals paid after March 31 of the calendar year shall be assessed a \$1.00 reinstatement fee. New members will be accepted at any time during the calendar year. Dues can be paid at the monthly meeting or a check made payable to the GOLD CARD CLUB can be sent to:

Patricia Lonett, Membership Chairperson
7168 Baptist Road, Apt. 409
Bethel Park, PA 15102

Current dues cannot be accepted for more than one (1) year. When paying dues by mail, please enclose a self-addressed stamped envelope so the membership card can be mailed back to you. Information required to process membership is: your name, spouse's name (if he/she is also joining), birth dates for both, address and telephone number.

Monthly meetings are held at the Bethel Park Community Center on the second Thursday of each month (except July and August) at 1:00 p.m. Sign-in begins at 12:30pm. After a brief meeting, enjoy excellent entertainment, light refreshments and several games of bingo. In addition to two indoor picnics, there is an Anniversary luncheon and a Christmas luncheon at an outside banquet facility.

A monthly newsletter, prepared by the Corresponding Secretary, is sent to all members who are CURRENT on their membership dues. Questions regarding membership should be directed to Patricia Lonett, 412-831-1861.

3217.401
Community Center

01:00pm-04:00pm

Th



"like" us on

Facebook

Bethel Park Recreation



Constant Contact[®]

Keep current on everything Bethel Park Recreation has to offer. We are introducing our new monthly electronic newsletter. To receive the Rec e-News please send your name and e-mail address to cstover@bethelpark.net.